5 - Where can you find out more about ReSPECT and making decisions?

The ReSPECT website has videos, advice and education support.
www.respectprocess.org.uk

It may help you to know the law about making care decisions.

If you live in England or Wales, see:
https://www.nhs.uk/conditions/social-care-and-support/mental-capacity/

If you live in Scotland, see:
Do you want to make sure that you will not get some treatments in future?

ReSPECT can make sure that health care workers know what you want, but it is not the law for healthcare workers to have to follow it.

There are ways you can make sure that healthcare workers have to follow your wishes.

In England and Wales, you can complete an Advance Decision to Refuse Treatment.

If you live in Scotland, you can write an Advance Directive.

You can only do this if you are able to make the decisions yourself and you have capacity to do so.

For further information go to www.respectprocess.org.uk