1- Introduction

**ReSPECT** stands for **Recommended Summary Plan for Emergency Care and Treatment**

This means it is a short plan about what should happen if a person needs health care or treatment in an emergency.

It is called ReSPECT for short

ReSPECT plans are made by a patient and healthcare workers working together.

They talk about what the person wants and what the choices may be.
Then a ReSPECT plan is written down on a special form.

ReSPECT is new

ReSPECT is being used in some areas of the country, but not everywhere.

Ask your healthcare workers if ReSPECT is in your area yet.

ReSPECT is a way of making sure that healthcare workers know your choices in an emergency.

But if you do not have a ReSPECT plan, the healthcare workers looking after you must still do all they can to find out what you want in an emergency.

For further information go to www.respectprocess.org.uk