Dear RC (UK) members, supporters, instructors and friends,

I hope our latest newsletter finds you well and finding ways to keep cool, in what has been a surprising and almost un-British summer thus far.

With every newsletter, we look to share news you’ll find interesting and relevant. This one brings news of change, both at home in the RC (UK) and also in the wider resuscitation community. We are pleased to share the results of the remarkable new PARAMEDIC2 study on the results of using adrenaline in cardiac arrest (which has the potential for significant change to resuscitation guidelines), the welcome news that the Department for Education have launched a draft guidance to make CPR education a mandatory part of secondary education, and that the British Heart Foundation, National Health Service and Microsoft have announced a potentially ground-breaking collaboration to develop a comprehensive network of defibrillators across the UK that can be used by ambulance services.

We are delighted to report that ReSPECT Project Manager Catherine Baldock has been shortlisted in the individual category of the 2018 Kate Granger Awards for Compassionate Care for her work with ReSPECT. The final winners will be announced on 5 September.

Closer to home, there is considerable change in our offices. We are pleased to have opened the doors on our newly renovated and expanded office space after three weeks.

We are also experiencing a change in leadership at the council as our CEO Federico Moscogiuri will be departing the RC (UK) at the end of August. Federico joined the Council in February 2017 and has made a significant contribution to developing our strategic direction. He strengthened our communications and influencing work, created our Public Affairs department and supported the development of the ReSPECT process. We thank him for the valued improvements he brought to the RC (UK) and for his leadership, support and contribution to the development of the Council. We wish him much personal happiness and professional success in the future.

The Trustees and I have initiated the search for Federico’s replacement. In the interim the directors will continue with the work of the RC (UK) and support Sue Hampshire, who will temporarily assume the responsibilities of CEO until an appointment is made.

All the best,
Dr Jonathan Wyllie
President
PARAMEDIC2 Study

The Resuscitation Council (UK) welcomes the publication of the NIHR funded PARAMEDIC2 study, which conducted a randomised double-blind trial comparing adrenaline given intravenously or via intraosseous route with a saline placebo. The outcomes of 8,014 patients were analysed with survival to 30 days as a primary outcome, and hospital discharge with favourable neurologic function as a secondary outcome which were outcomes identified as most important by patient advisory groups involved in designing the trial.

The Resuscitation Council (UK) has long recognised the need for a randomised, controlled trial of adrenaline versus placebo in out-of-hospital cardiac arrest to determine the effectiveness and long-term safety of adrenaline which was previously assumed but not known.

We value this trial and the rich data it has produced, as well as the questions it has raised. The Resuscitation Council (UK) will reflect upon the study in detail with our patient and relative advisors, international colleagues in the International Liaison Committee on Resuscitation and the European Resuscitation Council as we expect it to impact future RC (UK) guidelines.

The study is available to read through the New England Journal of Medicine, and you can read some excellent media coverage of the publication in the Guardian and BBC.

Have you heard?

National AED database
NHS England and NHS Scotland are joining the British Heart Foundation and Microsoft over the next 12 months to create a database of defibrillators across the UK. Learn more>

GMC #AbleMedics
Share your thoughts on the GMC ‘Welcomed and valued’ draft guidance, which gives practical advice to education and employer organisations on how they can best support doctors and medical students with long term health conditions and disabilities. Learn more>

New care record guide to support patient safety and better care
The Professional Record Standards Body (PRSB) has published a revised set of standards for the structure and content of health and care records, which will support digital information sharing among all professionals and help people access better, safer care. Learn more>

GMC Outcomes for Graduates
The GMC ‘Outcomes for Graduates’ includes the requirement that all medical students should, on graduation, be able to provide immediate life support and perform CPR (Items 17 c and d). Learn more>

Restart a Heart Day posters
The 2018 posters are now available for free download. Download now>

ERC CEO Role
The European Resuscitation Council are looking for a new CEO. Learn more>

RC (UK) Membership
We are inviting people to join as members of the RC (UK). We offer both full and associate memberships on our website. Apply now>

RC (UK) online shop
All our Life Support manuals are now available to buy from our online shop and UK delivery is free of charge. Buy now>
ReSPECT continues to grow and July saw University Hospitals of Derby, Chesterfield Royal Hospital and Derbyshire Community Health Services (DCHS) launching ReSPECT. A number of other organisations are due to launch towards the end of this year.

We are developing plans for a series of regional adopter meetings, the first of which will be held in Coventry in October of this year. If you are interested in attending please email: catherine.baldock@resus.org.uk. We are also hoping to have additional information on key topics available online soon to help answer adopter’s FAQs.

Membership of the ReSPECT hub continues to grow. If you would like to have access to this forum please email: info@respectprocess.org.uk.

The ReSPECT process is referenced in the HEE, Skills for Health and Skills for Care Person Centred Approaches Framework e-learning, in Module 6: Tom and Sarah’s story (on Advance Care Planning), and also in a recent article published in the Journal of Medical Ethics (JME).

I had the privilege to present at an event at the West of England AHSN on ‘Standardising our approach to treatment escalation’ along with Mr and Mrs Daniel, the patient advocates who spoke at our recent ReSPECT conference in May. If you would like to know more you can read a report of the event.

Catherine Baldock
ReSPECT Project Manager

Kate Granger Award Nomination

We are thrilled to share that ReSPECT Project Manager Catherine Baldock has been shortlisted for a Kate Granger Award (#KGAwards18) for Compassionate Care at the NHS Expo. Well done to Catherine for all your hard work to improve emergency care planning!

Read more >

CPR education

We’re backing the draft guidance from the Department of Education to put CPR on the secondary school curriculum in England as part of the Health Education consultation - but we need your help to ensure it happens! Learn more about what you can do to help future lifesavers get the training they need.

Read more >
**World Restart a Heart Initiative**

The Resuscitation Council (UK) has proudly taken the lead for the annual ‘Restart a Heart’ initiative run on 16 October every year. In collaboration with partner organisations (BHF, St John Ambulance, British Red Cross, Yorkshire Ambulance Service and Greater Manchester Fire & Rescue), a cumulative total of over 350,000 people have been trained in CPR over the last few years. This year, we hope to add at least a further 200,000 to that total – this time with the added help of numerous UK Medical Schools.

The excellent work from the UK has not gone unnoticed – we were the proud recipients of the National Charity Awards Education and Learning award this year. In addition, our good work is being used as the basis for a global initiative – World Restart a Heart – co-chaired by our Honorary Secretary, Andy Lockey. Read more about this exciting initiative. This year, we will therefore join colleagues from all around the world to increase the number of bystanders trained in CPR – “all citizens of the world can save a life”!

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**Resus in Practice**

Angela Wall is a Palliative Care Modern Matron working in the community in Coventry with the ReSPECT process. Her responsibilities are many, and her days are varied - but no matter what, she always faces each day with a determination to put the patient first. Learn more about how Angela treats her community with compassion.

[Read more](#)

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**Instructor Day 2018**

This year’s Instructor Day will take place on 12 December 2018 in London - and we’re inviting all RC (UK) course Instructors and ICs to attend!

The morning sessions will be for all instructors and ICs and will cover topics including a summary of the GIC evaluation research, feedback/debrief, mentorship and teaching methods and assessment. The afternoon sessions will be smaller, targeted sessions specific to course type and will provide dedicated information and discussion for each course.

We will also be inviting members of the trade to attend, providing an opportunity for instructors to discuss equipment and look at innovations in their field. Don’t miss out - [learn more and book your tickets today!](#)
ERC Initiatives

The European Resuscitation Council have two excellent upcoming opportunities for Young Investigators and Young Researchers.

The ERC are keen to celebrate the achievements of the future generation of resuscitation researchers through the Ian Jacobs and Petter Steen Young Investigator Awards. Learn more and consider applying.

The ERC are also encouraging Young Researchers to apply to take part in the Research Net for Young Researchers in Bologna. Learn more and consider applying.

Picture perfect

The RC (UK) were thrilled to be invited to teach CPR to football-playing teens and their spectators during their evening Community League games, as part of an initiative from Crystal Palace Football Club’s Palace for Life Foundation and Croydon Council.

Policy update

Policy Library

We are developing a series of position statements on key issues which will form the RC (UK) Policy Library. These documents will be used to help us answer common enquiries. Read our statements on airway clearance devices and release for work for the wider benefit of the NHS. We are also working on a summary of our recently updated document ‘CPR, AEDs and the law’. A statement on CPR training in schools will follow soon!

CPR in Scottish Schools

We are pleased to see CPR in schools take flight in Scotland. Glasgow has become the first local authority in the UK to make CPR training mandatory in all of their secondary schools and now Aberdeen, Perth and Kinross and Clackmannshire, and Renfrewshire councils have also committed to following Glasgow’s example, thereby rolling out CPR teaching in schools across Scotland through the Glasgow Evening Times and BHF Scotland ‘Scotland’s Got Heart’ campaign.

We’ve reached out to Glasgow City Council to learn more about their plans to adopt CPR training in their schools and to tell them about the support the RC (UK) can offer, such as our award winning Lifesaver and Lifesaver VR CPR training apps, and our Restart a Heart campaign. We plan to contact all local authorities implementing CPR training in their schools and look forward to building some fruitful partnerships in the future as a result, in Scotland and beyond.
My personal details in my account/certificate are incorrect. Why is this happening and how do I correct it?

The LMS produces the user's certificate by taking the details from the user's profile page. If the details are incorrect, the user should correct this by logging into their account, going to 'Navigation', expand 'My profile' and then 'Edit profile'.

Browsers have an auto-fill function that automatically fills in online forms. If you are sharing a computer, it may fill in another user's details. You can disable this functionality.

Certificates that have been released and have incorrect details cannot be fixed easily so please check your details have been entered correctly before attending the course. Requests for corrections should be submitted using our online support form.

Thank you for your interest in the Resuscitation Council (UK). Look out for our next newsletter in October.