Dear RC (UK) members, supporters, instructors and friends,

As the organisation which sets standards and guidance for resuscitation training and application in the UK, our raison d’etre is to save lives, but our credibility and effectiveness rests on our clinical expertise. Accordingly, “strengthening our expertise as thought leaders in resuscitation” is one of the Foundations of our Strategic Plan, which means, among other things, ensuring that we are nurturing and developing the resuscitation thought leaders of tomorrow whilst supporting the clinical leaders and trainers of today. For the RC (UK), that means the Trustees and members of our Executive Committee, and the Chairs and members of all our various subcommittees and working groups – as well as the myriad of volunteer trainers who deliver our courses across the UK. We want to attract the best people, support them in their roles, enable them to make important contributions and ensure that we have a good system of succession planning in place for appointed positions.

With the pressures we all experience in our roles it is also important to celebrate our successes and the achievements of organisations and individuals. This month I am delighted to congratulate our Honorary Secretary, Dr Andrew Lockey, for his recent appointment as Associate Postgraduate Dean for Health Education England (Yorkshire & the Humber). Health Education England is one of a number of national bodies with which we wish to progressively develop stronger relations and having people like Andy in positions such as this adds a valuable string to our bow.

Organised clinical training has developed tremendously throughout my career. As a young paediatric trainee I went on what I think was the second UK APLS course. I still remember feeling that together with the subsequent GIC course it was the best focused clinical training I had ever experienced. I was fired with enthusiasm and I still see that enthusiasm in new candidates completing courses. Subsequently, mentors such as Dr Barbara Philips, Dr David Zideman, Dr Edmund Hey and Dr Sam Richmond, to name a few, drew me into guideline development, evidence evaluation and resuscitation training. Ultimately, this led to my involvement with colleagues developing the NLS and ARNI courses.

I now see the impact of these resuscitation courses in my own organisation on several levels. In contrast to the beginning of my career, resuscitation is carried out by teams rather than individuals. Different clinical groups work together and have trained together. Everyone focuses on quality and have a similar approach. Patients in extremis are assured of trained practitioners resuscitating using evidence-based guidelines. Whatever the outcome, responding clinicians, patients and families can be reassured of appropriate care and intervention. Lastly there are now national audits assessing resuscitation and feeding back to health care organisations and departments to further improve quality.

These are appropriate but substantial improvements in health care delivery. We must ensure that we enthuse, mentor, support and develop those clinicians, trainers and leaders who are going to drive future development in resuscitation and its delivery.

All the best,
Dr Jonathan Wyllie
President
Update from the CEO

I'd like to start this update by echoing our President on the importance of celebrating our achievements – and adding my own congratulations not just to Dr Andrew Lockey but to Prof Jonathan Wyllie himself, who received an Honorary Fellowship from the Royal College of Paediatrics and Child Health at their recent conference.

It’s inspiring for everyone at the Resuscitation Council (UK) to see the people involved in the organisation achieving notable accolades in their work outside of the RC (UK), and it motivates us to continue growing and achieving in our work as well.

With that in mind, we've been very busy behind the scenes working towards growth in many areas, both internally and externally.

Internally, we will soon be interviewing for our new Director of Public Affairs post. This is an important new post which will oversee our growing Public Affairs team, and which will have a huge role to play in building the RC (UK)’s influence with decision-makers and our profile with the public and key partners.

In the meantime, our Policy Officer Rachel Warren has been busy developing a policy library for the RC (UK), as well as ensuring that the views of the RC (UK) are represented in a number of consultations, including the Personal, Social, Health and Economic (PSHE) education consultation to put CPR on the national secondary curriculum and the Health Education England (HEE) on workforce strategy (more on this below). She and I also recently met with several key people at Public Health England, to explore synergies and opportunities for joint working.

As mentioned in our last newsletter, we have been redeveloping our membership offer to ensure it offers excellent value for our members, and we’ll be emailing all our members and instructors about the new and improved membership plan soon. In the meantime, we continue to encourage all our Full and Associate members to pay their membership fees by direct debit – it’s easy, and helps us plan and set our budget as an organisation.

Applications are now open for 2018’s Research and Development grants, and you will notice that we have also revised the guidance for submissions, partly with a view to being more flexible and strategic, whilst not compromising on quality. As a reminder, Full members get advance notice of the opening of the grants application process.

Externally, we have many exciting projects coming up. We are pleased to be holding our first national ReSPECT conference in May for early implementers of the ReSPECT process. This event will see 120 delegates come together for talks, interactive workshops, and a day of discussions on the ReSPECT process.

Excitingly, the RC (UK) are also entering the world of car racing! Dr Robert Golding, an Anaesthetics trainee in the West Midlands with an interest in education and motorsport medicine, has entered the 2018 Ginetta Racing Driver’s Club (GRDC) championship – and will be racing in the RC (UK) colours to help raise awareness for CPR education and our award-winning Lifesaver app. Thank you, Dr Golding, and good luck!

Last but not least, we are on the cusp of the new General Data Protection Regulation (GDPR), which comes into force in the UK on 25 May. Read the Data Protection update below to see how we are preparing for the new rules.

Thanks for your continued interest and support – I hope you find this newsletter interesting and stimulating.

Federico Moscogiuri
Chief Executive Officer
Lifesaver in the fast lane

Anesthetics trainee Dr Robert Golding is combining his love of medicine and motorsport to highlight the need for a speedy response when someone suffers a cardiac arrest! Learn how Dr Golding and the RC (UK) are racing towards improved cardiac arrest survival rates in this summer’s 2018 Ginetta Racing Driver’s Club (GRDC) championship with a car designed to raise awareness of life-saving techniques.

Find out more >

Research announcement

We are currently accepting submissions for the 2018 awarding of Research and Development grants. The grants are designed to support the generation of new knowledge in resuscitation science and education and are open to individuals working in the NHS or a university department within the United Kingdom, with a credible track record of conducting such research projects or be working under appropriate supervision.

The closing date for submissions is 17:00 on Thursday 31 May 2018. Please note applications received after this date will not be accepted.

Learn more and apply here >

Have you heard?

New PRSB information sharing standard
A new standard for sharing information among health and care professionals has been released that will facilitate better and safer care for people with long-term health and care needs. Learn more >

RCPCH 2018
Together with ALSG, we provided EPALS/APLS simulation training to 144 delegates! See our photos from the day >

Save a Life Scotland
With the help of Carol Smillie, Save a Life Scotland have gone the extra (500) miles for CPR awareness! Watch it now.

RC (UK) Membership
We are inviting people to join as members of the RC (UK). We offer both full and associate memberships on our website.

RC (UK) online shop
All our Life Support manuals are now available to buy from our online shop and UK delivery is free of charge.

Buy now >
**NICE Quality Standard: Trauma**

The Resuscitation Council (UK) are supporting the NICE Trauma Quality Standard. NICE is calling for trauma services to give patients faster access to treatment and diagnosis as a part of a new quality standard published on 29 March 2018. In particular the quality standard recommends that:

- People with a major trauma who can’t breathe receive drug-assisted anaesthesia and intubation within 45 minutes of the initial call to the emergency services
- A provisional written radiology report should be written within the hour for people who have had urgent 3D imaging
- Patients with an open fracture have the area covered within 72 hours of the injury if this can’t be done when the damaged tissue is removed
- To immobilise a person with a spinal injury as soon as possible using a risk assessment tool (known as the Canadian C-spine rule). This will reduce the risk of injury and help minimise discomfort.

The quality standard also recommends major trauma centres have a dedicated ward for patients with a designated consultant available 24 hours a day, 7 days a week. Each trauma centre should have specialist services for rehabilitation for children and older people, NICE suggests.

You can read the full quality standard on the [NICE website](#). Remember you can also [sign up](#) to become a stakeholder to be kept updated with news from NICE.

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**Data protection update**

Protecting data has always been a priority for the Resuscitation Council (UK) but with the General Data Protection Regulation (GDPR) coming into force on the 25 May we see this as an opportunity to reinforce our commitment to ongoing data protection management. Learn how we are improving our policies, processes and systems in line with the requirements of the GDPR as we continue to make data protection a priority. [Read more >](#)

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**Resuscitation in Practice**

Being a Resuscitation Officer is a dream come true for Marion De Almeida Santos. Find out what her life is like in her dream job as a Resuscitation Officer at the Queen Elizabeth University Hospitals Birmingham NHS Foundation Trust!

[Read more >](#)
The ReSPECT implementation network continues to grow and April has seen a number of organisations and STP’s launching including Hull and East Yorkshire, Derbyshire and Royal Surrey County Hospital. There are now eight regions using ReSPECT with an additional ten planned for later this year. Several Academic Health Science Networks (AHSNs) are also now involved in and supporting the adoption of the ReSPECT process.

The ReSPECT online Hub and forum has been trialled and is now being used by early adopters. We look forward to broadening this user group and including all those that are looking to adopt ReSPECT. It is a useful resource for sharing ideas, resources and discussing questions relating to the implementation process.

The easy read version of the patient information leaflet, which has been developed in conjunction with MENCAP, is now available and can be found on the ReSPECT website.

We look forward to welcoming speakers and delegates to our first ReSPECT Conference for early implementers on 1 May in London. Presentations will be filmed and these will be made available online following the conference for those people who are unable to attend.

A blog has been written for the PRSB exploring the links between ReSPECT and the PRSB’s new Digital Care and Support Plan standard which will be published shortly. Further blogs will follow to raise awareness about ReSPECT. This includes National Voices, the coalition of charities that stands for people being in control of their health and care, of which the RC (UK) is a member.

NHS England have just published their new dementia resource: ‘My future wishes: Advanced Care Planning (ACP) for people with dementia in all care settings’. This resource references ReSPECT as an exemplar of emergency care planning, and also as a recommended resource. We hope that you will find it useful.

Catherine Baldock
ReSPECT Project Manager

Important updates

Changes for members
Since March 2018, we are no longer taking renewal payments by standing order. Members with a standing order in place should contact their bank and cancel the arrangement as soon as possible. To continue your membership with the Resuscitation Council (UK) we encourage you to set up a direct debit. Please contact us at membership@resus.org.uk or call us on 0207 388 4678 between 10:00 and 16:00, Monday to Friday for more information.

Instructor Day 2018
The 2018 Instructor day will take place on 12 December! Registrations are open so book your place now.
Health Education England: Facing the Facts, Shaping the Future

We recently submitted a response on four questions to Health Education England (HEE)'s draft health and care workforce strategy for England to 2027 entitled: Facing the Facts, Shaping the Future.

We believe that allowing time for training is key, and that healthcare professionals should be released from work for training. We see potential for our apps Lifesaver, iResus and ReSPECT to be evidence-based and cost-effective training tools for both healthcare and non-clinical professionals in the NHS. We see the importance of staff development, particularly in ensuring that it involves flexibility, efficiency, getting the skill mix correct, allowing time for training and CPD - and that every decision made should prioritise outcomes and patient care over cost-saving.

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We’ll always go the extra mile to ensure our Honorary Memberships are received - and in this case, we went the extra 776 miles to Copenhagen to congratulate Dr Andy Swain at #EMS2018 after he was unable to attend the Honorary Memberships presentation at our 2017 Scientific Symposium. Congratulations, Dr Swain!

‘Hallo from Holland!’ Director Sue captured this photo of ERC Chair and RC (UK) Executive Committee member Jerry Nolan presenting at the Dutch Resus Council conference to celebrate 25 years of their council! A very happy anniversary to them, from all of us at RC (UK).

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RC (UK) LMS - Tip of the month

Full instructors can download their full instructor certificate from their profile page, as shown on the left.

Also, Instructors should have access to the relevant course block which allows them to download the course materials. If you do not have access to the relevant course block let us know by completing our online support form.

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Thank you for your interest in the Resuscitation Council (UK). Look out for our next newsletter in June.